

Winter Mileage

*** All distances are one-way. Trails are not groomed ***

This handout should not substitute for a detailed hiking map.

Driving:

Millinocket to Abol Bridge Parking Lot **19.8 miles**

Abol Bridge Parking to Togue Pond Gatehouse via ITS **5.7**

Cross-country skiing/snowshoeing miles (snowmobiling allowed on the main Park Tote Road only):

Abol Bridge to Daicey Pond via Appalachian Trail **7.4**

Abol Bridge to Daicey Pond via Foss & Knowlton/Lost Pond Trails **6.0**

Abol Bridge to Abol Beach **1.5**

Abol Bridge to Abol Campground **4.7 (on the Park Tote Road)**

Abol Bridge to Togue Pond via Abol Beach and Park Tote Road **5.0**

Abol Bridge to Roaring Brook Campground **13.0**

Abol Bridge to Martin Ponds Campsite via Katahdin Lake Trail **14.3**

Togue Pond to Roaring Brook Campground **8.0**

Togue Pond to Abol Campground **5.5**

Abol Campground to Katahdin Stream Campground via Park Tote Road **2.3**

Roaring Brook Campground to Chimney Pond Campground **3.3**

Roaring Brook Campground to Russell Pond Campground via Russell Pond Trail **7.2**

Russell Pond Campground to Pogy Pond **3.7**

Russell Pond Campground to South Branch Pond Campground **9.6**

Katahdin Stream Campground to Daicey Pond Campground via road system **3.7**

Katahdin Stream Campground to Kidney Pond Campground via road system **3.6**

Katahdin Stream Campground to Nesowadnehunk Field Campground **8.9**

Nesowadnehunk Field Campground to South Branch Pond Campground **20.0**

South Branch Pond Campground to Trout Brook Farm Campground **6.6**

Trout Brook Farm Bunkhouse/Campground to Matagamon Parking Lot **5.2**

Above Treeline/Technical climbs requiring special gear (see Administrative Procedures, & remember special permission is required for day-use activities above treeline)

Abol Campground to summit via Abol Trail **4.2 miles**

Katahdin Stream Campground to summit via Hunt Trail **5.2 miles**

Chimney Pond Campground to summit via Cathedral Trail **1.6 miles**

Chimney Pond Campground to summit via Saddle Trail **2.2 miles**

Chimney Pond Campground to summit via Knife Edge traverse, Cathedral & Dudley Trails **4.7 miles**

Note: The time required to complete any mileage in the winter is enormously variable. Try to factor in changes in snow/ice conditions, elevation gains, trail-breaking exertion, group experience, etc., when planning your trip. Then add a healthy margin for the unexpected: equipment failure, illness, and other assorted wilderness challenges.