# Winter Mileage <br> * All distances are one-way, all trails are not groomed * This handout should not substitute for a detailed hiking map. 

Driving:<br>Millinocket to Abol Bridge Parking Lot 20.0 miles

Cross-country skiing/snowshoeing miles (snowmobiling allowed on the main Park Tote Road only): Abol Bridge to Daicey Pond via Appalachian Trail 7.4
Abol Bridge to Daicey Pond via Foss \& Knowlton/Lost Pond Trails 6.0
Daicey Pond to Kidney Pond via connector trails 1.6
Abol Bridge to Abol Beach 1.5
Abol Bridge to Abol Campground 4.7 (on the Park Tote Road)
Abol Bridge to Togue Pond via Abol Beach and Park Tote Road 5.0
Abol Bridge to Roaring Brook Campground 13.0
Abol Bridge to Martin Ponds Campsite via Katahdin Lake Trail 14.3
Togue Pond to Roaring Brook Campground 8.0
Togue Pond to Abol Campground 5.7
Abol Campground to Katahdin Stream Campground via Park Tote Road 2.0
Roaring Brook Campground to Chimney Pond Campground 3.3
Roaring Brook Campground to Russell Pond Campground via Russell Pond Trail 7.2
Russell Pond Campground to Pogy Pond 3.7
Russell Pond Campground to South Branch Pond Campground 9.6
Katahdin Stream Campground to Daicey Pond Campground via road system 3.6
Katahdin Stream Campground to Kidney Pond Campground via road system 4.1
Katahdin Stream Campground to Nesowadnehunk Field Campground 9.1
Nesowadnehunk Field Campground to South Branch Pond Campground 19.3
South Branch Pond Campground to Trout Brook Farm Campground 8.0
Trout Brook Farm Bunkhouse/Campground to Matagamon Parking Lot 5.2
Above Treeline/Technical climbs requiring special gear (see Administrative Procedures, \& remember special permission is required for day-use activities above treeline)
Abol Campground to summit via Abol Trail 3.8 miles
Katahdin Stream Campground to summit via Hunt Trail 5.2 miles
Chimney Pond Campground to summit via Cathedral Trail 1.6 miles
Chimney Pond Campground to summit via Saddle Trail 2.2 miles
Chimney Pond Campground to summit via Knife Edge traverse, Cathedral \& Dudley Trails 4.0 miles
Note: The time required to complete any mileage in the winter is enormously variable. Try to factor in changes in snow/ice conditions, elevation gains, trail-breaking exertion, group experience, etc., when planning your trip. Then add a healthy margin for the unexpected: equipment failure, illness, and other assorted wilderness challenges.

