Winter Mileage

* Distances are one-way, trails are not groomed *

This handout should not substitute for a detailed hiking map.

**Driving:**
Millinocket to Abol Bridge Parking Lot: **19.5 miles**

**Cross-country skiing/snowshoeing miles** (snowmobiling allowed on the main Park Tote Road only):
- Abol Bridge to Daicey Pond via Appalachian Trail: **7.4**
- Abol Bridge to Daicey Pond via Foss & Knowlton/Lost Pond Trails: **6.0**
- Daicey Pond to Kidney Pond via Tote Road: **2.8**
- Abol Bridge to Abol Beach: **1.5**
- Abol Bridge to Abol Campground: **4.7 (on the Park Tote Road)**
- Abol Bridge to Togue Pond via Abol Beach and Park Tote Road: **5.0**
- Abol Bridge to Roaring Brook Campground: **12.6**
- Abol Bridge to Martin Ponds Campsite via Katahdin Lake Trail: **13.3**
- Abol Bridge to South Katahdin Lake Campsite via Katahdin Lake Trail: **14**
- Abol Bridge to North Katahdin Lake Campsite via Katahdin Lake Trail/Martin Ponds Trail: **15.4**
- Abol Bridge to Katahdin Lake Wilderness Camps via Katahdin Lake Trail: **14.3**
- Togue Pond to Roaring Brook Campground: **8.0**
- Togue Pond to Abol Campground: **5.7**
- Abol Campground to Katahdin Stream Campground: **2.3**
- Roaring Brook Campground to Chimney Pond Campground: **3.3**
- Roaring Brook Campground to Russell Pond Campground via Russell Pond Trail: **7.2**
- Russell Pond Campground to Pogy Pond: **3.7**
- Russell Pond Campground to South Branch Pond Campground: **9.6**
- Katahdin Stream Campground to Daicey Pond Campground via road system: **3.8**
- Katahdin Stream Campground to Kidney Pond Campground via road system: **4.1**
- Katahdin Stream Campground to Nesowdnehunk Field Campground: **9.1**
- Nesowdnehunk Field Campground to Center Pond Leanto via Wassataquoik Lake Trail: **4.7**
- Nesowdnehunk Field Campground to Little Wassataquoik Lake Leanto via Wassataquoik Lake Trail: **9.4**
- Nesowdnehunk Field Campground to Wassataquoik Lake Leanto via Wassataquoik Lake Trail: **10.2**
- Nesowdnehunk Field Campground to Russell Pond Campground via Wassataquoik Lake Trail: **14**
- Nesowdnehunk Field Campground to South Branch Pond Campground via Park Tote Road: **19.3**
- South Branch Pond Campground to Trout Brook Farm Campground: **8.0**
- South Branch Pond to North Branch bunkhouse via Park Tote Road: **7.8**
- Trout Brook Farm Campground to Matagamon Parking Lot: **5.2**
- Matagamon Gate to North Branch bunkhouse via Park Tote Road: **12.4**

**Note:** Obviously, the time required to complete any mileage in the winter is enormously variable. Try to factor in changes in snow/ice conditions, elevation gains, trail-breaking exertion, group experience, etc., when planning your trip. Then add a healthy margin for the unexpected: equipment failure, illness, and other assorted wilderness challenges.