

Winter Mileage

*** All distances are one-way, all trails are not groomed ***

This handout should not substitute for a detailed hiking map.

Driving:

Millinocket to Abol Bridge Parking Lot **19.5 miles**

Cross-country skiing/snowshoeing miles (snowmobiling allowed on the main Park Tote Road only):

Abol Bridge to Daicey Pond via Appalachian Trail **7.4**

Abol Bridge to Daicey Pond via Foss & Knowlton/Lost Pond Trails **6.0**

Daicey Pond to Kidney Pond via connector trails **1.6**

Abol Bridge to Abol Beach **1.5**

Abol Bridge to Abol Campground **4.7 (on the Park Tote Road)**

Abol Bridge to Togue Pond via Abol Beach and Park Tote Road **5.0**

Abol Bridge to Roaring Brook Campground **13.0**

Abol Bridge to Martin Ponds Campsite via Katahdin Lake Trail **14.3**

Abol Bridge to South Katahdin Lake Campsite via Katahdin Lake Trail **15.1**

Abol Bridge to North Katahdin Lake Campsite via Katahdin Lake Trail /Martin Pond Trail **16.8**

Abol Bridge to Katahdin Lake Wilderness Camps via Katahdin Lake Trail **15.3**

Togue Pond to Roaring Brook Campground **8.0**

Togue Pond to Abol Campground **5.7**

Abol Campground to Katahdin Stream Campground via Park Tote Road **2.0**

Roaring Brook Campground to Chimney Pond Campground **3.3**

Roaring Brook Campground to Russell Pond Campground via Russell Pond Trail **7.2**

Russell Pond Campground to Pogy Pond **3.7**

Russell Pond Campground to South Branch Pond Campground **9.6**

Katahdin Stream Campground to Daicey Pond Campground via road system **3.6**

Katahdin Stream Campground to Kidney Pond Campground via road system **4.1**

Katahdin Stream Campground to Nesowadnehunk Field Campground **9.1**

Nesowadnehunk Field Campground to Center Mtn Leanto via the Wassataquoik Lake Trail **4.6**

Nesowadnehunk Field Campground to Little Wassataquoik Lake Leanto via the Wassataquoik Lake Trail **9.3**

Nesowadnehunk Field Campground to Wassataquoik Lake Leanto via the Wassataquoik Lake Trail **10.5**

Nesowadnehunk Field Campground to Russell Pond Campground via the Wassataquoik Lake Trail **14.3**

Nesowadnehunk Field Campground to South Branch Pond Campground **19.3**

South Branch Pond Campground to Trout Brook Farm Campground **8.0**

Trout Brook Farm Bunkhouse/Campground to Matagamon Parking Lot **5.2**

Above Treeline/Technical climbs requiring special gear (see Administrative Procedures, & remember special permission is required for day-use activities above treeline)

Abol Campground to summit via Abol Trail **3.8 miles**

Katahdin Stream Campground to summit via Hunt Trail **5.2 miles**

Chimney Pond Campground to summit via Cathedral Trail **1.6 miles**

Chimney Pond Campground to summit via Saddle Trail **2.2 miles**

Chimney Pond Campground to summit via Knife Edge traverse, Cathedral & Dudley Trails **4.0 miles**

Note: Obviously, the time required to complete any mileage in the winter is enormously variable. Try to factor in changes in snow/ice conditions, elevation gains, trail-breaking exertion, group experience, etc., when planning your trip. Then add a healthy margin for the unexpected: equipment failure, illness, and other assorted wilderness challenges.